



SUBJECT OVERVIEW JAN-APRIL 2021 DATES AND DEADLINES

SUBJECT		JANUARY	FEBRUARY	MARCH	APRIL
<p>Physical Education S3 Elective</p>	<p>Each Elective class has their own set of activities and they will continue to cover these between January and April (in their own unique order).</p> <p>Online tasks may start with the activity that they finished on before the Christmas Holidays (this is up to the class teacher).</p> <p>3 online tasks will be set per week, with the class teacher available via email for any questions or support.</p> <p>The class booklets cover a specific Factor (& Features) and these will continue to be the focus of the homework being assigned.</p> <p>All work will be provided via paper copy *for those who require it * and online via Google Classroom</p>	<p>Mr Frew Gymnastics SOCIAL The features we look at within this factor are teamwork and communication and why these are important in sport. Especially to achieve a positive result.</p> <p>Mrs Cains Badminton MENTAL The features we look at within this factor are concentration, mental toughness and how to improve these to be a better all-round performer</p> <p>Mr Couper Badminton MENTAL The features we look at within this factor are concentration, mental toughness and how to improve these to be a better all-round performer</p>	<p>Mr Frew Gymnastics SOCIAL The features we look at within this factor are teamwork and communication and why these are important in sport. Especially to achieve a positive result.</p> <p>Mrs Cains Badminton MENTAL The features we look at within this factor are concentration, mental toughness and how to improve these to be a better all-round performer</p> <p>Mr Couper Badminton MENTAL The features we look at within this factor are concentration, mental toughness and how to improve these to be a better all-round performer</p>	<p>Mr Frew Basketball PHYSICAL (Tactics) The features we look at within this factor are Principles of Play. Fast break and Zone defence. Highlighting why a team may use these strategies and the benefits of them.</p> <p>Mrs Cains Volleyball PHYSICAL (Skills) The features we look at within this factor are technical & special qualities and how these can impact you in the game to be successful</p> <p>Mr Couper Gymnastics SOCIAL The features we look at within this factor are teamwork and communication and why these are important in sport. Especially to achieve a positive result.</p>	<p>Mr Frew Badminton MENTAL The features we look at within this factor are concentration, mental toughness and how to improve these to be a better all-round performer</p> <p>Mrs Cains Gymnastics SOCIAL The features we look at within this factor are teamwork and communication and why these are important in sport. Especially to achieve a positive result.</p> <p>Mr Couper Basketball PHYSICAL (Tactics) The features we look at within this factor are Principles of Play. Fast break and Zone defence. Highlighting why a team may use these strategies and the benefits of them.</p>

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